

Please circle your grade level: K 1 2

## Pre-Test

Please circle y	our answer:
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I. How many servings of fruits and vegetables do you need every day?

3

4

5

6

7

2. Which of the following is a healthy snack?









3. Which of the following gives you strong bones?









4. How many days a week do you need to play and be active?

2

3

4

5

6

7

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